

APPLICATION

Note: Application available online at www.loomischaffee.org, select **ATHLETICS** look under **Summer Camps / Field Hockey**

Name:

_____ (first) _____ (last)

Address _____

City _____ State _____

Zip _____

E-mail Address _____

Telephone _____

Date of Birth _____ Age _____ Sex _____

SELECT A PROGRAM: (circle those that apply)

PROGRAM

Elite/Day Program

Instructional Program

Goal Keeper

July 5-9, 2010, 9am-4pm~Elite, 9am-11:30am~Instructional

Aug. 2-6, 2010, 9am-4pm~Elite, 9am-11:30am~Instructional

FIELD HOCKEY EXPERIENCE

School in fall '10 _____ Yrs. Varsity _____

Grade in Fall '10 _____

PAYMENT INFORMATION

METHOD OF PAYMENT:

CHECK

DEPOSIT

FULL PAYMENT

MAKE CHECK PAYABLE AND MAIL TO:

International Field Hockey Camp
Bobbi Moran / The Loomis Chaffee School
Batchelder Road, Windsor, CT 06095
(860)-687-6596 (860)-324-7222
Fax (860)-687-6406
info@internationalfieldhockeycamp.org

IT IS EASY TO ENROLL

- PHONE (860) 687-6596
- Online forms: www.loomischaffee.org
click on ATHLETICS look under Summer Camps
- FAX (860) 687-6406
- MAIL : **IFHC, Loomis Chaffee School,
C/O Bobbi Moran
Batchelder Rd.
Windsor, CT 06095**

All your camp questions answered:

Please call camp director Bobbi Moran at the number above to answer all of your questions and register at the same time!

Full payment of registration fees is required after June 1, 2010. We cannot allow campers into camp before all fees have been paid, and health forms are complete. Health forms are valid for 3 years. We accept registrations right up to the start of camp where openings exist.

CANCELLATIONS

If you have to cancel for any reason, we will issue you a camp credit for all camp fees paid, valid through 2011. Your camp credit is transferable.

Campers who leave camp during their session, will receive a pro-rated camp credit, valid through 2011. Campers who do not attend their registered camp session will receive a camp credit for all fees paid, valid through 2011. In the unlikely event that IFHC cancels your camp session, we will refund only your camp registration fees. Camper waives any and all damages that may arise out of any camp cancellations and agrees to accept as liquidated damages said registration fees.

INTERNATIONAL FIELD HOCKEY CAMP

c/o Bobbi D. Moran
The Loomis Chaffee School
Windsor, CT. 06095
www.LoomisChaffee.org/Athletics/SummerCamps

INTERNATIONAL FIELD HOCKEY CAMP, L.L.C.

JULY 5-9, 2009, AUGUST 2-6, 2010

The Loomis Chaffee School, Windsor, Connecticut



GENERAL SKILLS CAMP GIRLS AGES 10-18 MIDDLE & HIGH SCHOOL PROGRAMS SPECIAL GOAL KEEPING INSTRUCTION

Instructional Program

9 a.m.–11:30 a.m.
(Monday–Friday)

Elite Program

9 a.m.–4 p.m.
(Monday–Friday)

***Application available online www.loomischaffee.org
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Summer Camps / Field Hockey**

Directed by Bobbi D. Moran

*Loomis Chaffee School, Head Field Hockey Coach
USFHA Certified Coach
USFHA FUTURES Coach*



INTERNATIONAL FIELD HOCKEY CAMP (formerly NIKE, US SPORTS CAMP), at The Loomis Chaffee School, has brought together the most respected and accomplished group of instructors from both the US and abroad. We share your passion for field hockey and have made a career of imparting our knowledge and experience with hundreds of young athletes.

CAMP DIRECTOR

International Field Hockey Camp (IFHC) Director Bobbi Daugherty Moran is the head field hockey coach at The Loomis Chaffee School. Coach Moran was a two-year team captain at Siena College, playing on the field and in the goal cage her senior year. Coach Moran is a member of the NFHCA and USFHA as well as a USFHA Level I Certified Coach & USFHA FUTURES coach Moran is an AFAA Certified Fitness Instructor and personal trainer with over 25 years experience in athletic fitness training.

TRAIN HARDER THAN THE COMPETITION

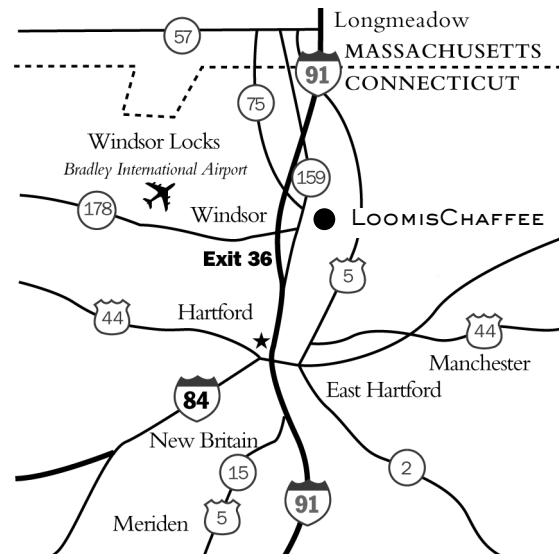
IFHC immerses you in the sport, giving you the kind of focused, intensive training essential to improvement of both your individual and team game. Our coaching staff takes the time to break down each skill and drill, and give you the intensive training essential to helping you train harder than the competition.

FIRST CLASS FACILITIES

The Loomis Chaffee School is located in beautiful, historic Windsor. Loomis Chaffee's NEW SYNTHETIC TURF field will play home to this year's camp, while Loomis also boasts seventeen excellent playing fields that provide an ideal setting for campers to improve their fundamental playing knowledge and develop their skills. A multi-million dollar athletic complex provides the backdrop for players to enhance their fitness level on and off the field.

CAMP DESCRIPTION

IFHC guarantees you will leave camp with new techniques, the latest conditioning principles and information on everything from the mental game to how you eat and prepare for preseason to post-season play-offs. Typical day includes morning skill and drill session with small group scrimmages. Strength and conditioning work including yoga. Afternoon sessions include scrimmages, swimming and breakout sessions. Topics for elite campers include: the college recruitment process, speed and conditioning, nutrition for athletes and sports psychology. Special goal keeping instruction is available. All of this is done in an atmosphere of fun and camaraderie that makes this camp experience second to none.



SCHEDULE & FEES

Middle School/Instructional Camp — \$235

(for players with less than 2-3 years experience)

July 5-9 from 9 a.m.-11:30 a.m.

August 2-6 from 9am-11:30 a.m.

High School/Elite Camp — \$415

(for players with 2-3 years experience & college bound athletes)

July 5-9 from 9 a.m.-4 p.m. * see details

August 2-6 from 9 a.m.-4 p.m.* see details

DISCOUNTS for Attending Both Camps: Instructional Camp, both weeks: \$415 Elite Camp, both weeks: \$765.



CAMP DETAILS

Middle School/Instructional Camp: A great option for those just learning the game or interested in improving their field skills. Campers will be immersed in skills, drills & scrimmages. *(Offered Monday-Friday)*

High School/Elite Camp: A full day of field hockey, where the entire athlete is taken into consideration. Mental, Physical and Emotional game is honed. **Campers bring bag lunch, swimming, afternoon scrimmages & break-out sessions. (Offered Monday-Friday)*

TEAM DISCOUNTS: If six or more players register for camp and send in their application together, each player will receive 10% discount. 5% discount for returning campers. *(Discount does not apply to preseason scrimmages.)*