

THE LOOMIS CHAFFEE SCHOOL MENU

1/26/12 THURSDAY	1/27/12 FRIDAY	1/28/12 SATURDAY	1/29/12 SUNDAY	1/30/12 MONDAY	1/31/12 TUESDAY	2/1/12 WEDNESDAY
BREAKFAST Scrambled Eggs Ham Egg & Cheese Burrito Eggs Your Way Hash Brown Patty Corned Beef Hash Oatmeal	BREAKFAST Scrambled Eggs Scrambled Eggs with Cheese Kielbasa Crispy Potato Cubes Oatmeal Bar	BREAKFAST Scrambled Eggs Buttermilk Pancakes Potato Tater Puffs Sausage Patties Oatmeal	BREAKFAST	BREAKFAST Scrambled Eggs French Toast Bar Turkey Sausage Links Diced Hash Brown Potatoes Oatmeal	BREAKFAST Scrambled Egg Pancake Vegetable Breakfast Patty Sliced Hash Browns Oatmeal Eggs Your Way	BREAKFAST Scrambled Egg Egg & Cheese Bacon Bacon O'Brien Potatoes Oatmeal
LUNCH Brown Rice & Turkey Soup Spicy Vegetable Barley Soup BBQ Pork Sandwich Vegetable Quesadilla Pasta Bar - Alfredo Sauce Supreme Pizza Sweet Potato Puffs French Green Beans Fennel Salad Broccoli Slaw	LUNCH New England Clam Chowder Vegetable & Bean Soup Fried Pollack w/Creole Sauce Black Bean Stuffed Peppers BBQ Chicken Pizza Yellow Rice Fresh Steamed Green Beans Chili Barley Salad Old Fashion Coleslaw	LUNCH Pork Stir Fry w/Orange Sauce Summer Verde Pasta Scrambled Eggs Potato Tots Seasoned Corn	BRUNCH Scrambled Eggs Eggs Benedict Eggs Your Way Pork Sausage Links Bacon Hash Browns Oatmeal Bar	LUNCH Turkey Noodle Soup Twice Baked Potato Soup Buffalo Bistro Chicken Wrap Eggplant & Bean Casserole White Pizza Spanish Rice Veggie Medley Black Bean & Jicama Salad	LUNCH Chicken & Okra Creole Cream of Mushroom Soup Turkey Meatloaf Middle Eastern Falafel Pasta Bar - Meat Sauce Whole Wheat Margherita Pizza Sweet Potatoe Steamed Green Peas Melon Salad Classic Fruit Salad	LUNCH Oriental Beef Noodle Soup Tomato Basil Soup Honey Glazed Chicken Breaded Eggplant Pasta Grilled Apple, Bleu Cheese & Bacon Bruschetta Seasoned Rice Yellow Summer Squash Russian Marinated Beef
DINNER Vegetarian Noodle Bowl BBQ Turkey London Broil Really Cheesy Mac & Cheese Chinese Chow Mein Noodles Pimiento Wax Beans Oven Browned Potatoes	DINNER Beef Fritters Cheese Ravioli Vegetable Potstickers Mozzarella Sticks Mashed Potatoes Steamed Carrots California Quinoa Salad	DINNER Vera Cruz Tuna Steak Garlic Basil Chicken Breast Flatbread Pizza Long Grain Wild Rice Steamed Asparagus Pasta w/Bolognese Sauce Roasted Sweet Potatoes	DINNER Roast Beef w/Au Jus Tortellini Al Pesto Greek Pizza Scallion Mashed Potatoes Chayote & Zucchini Squash	DINNER Turkey Pot Pie Shrimp La Costa Caesar Salad Tossed Italian Rose Pasta Cauliflower Au Gratin	DINNER Roasted Top Round Mushroom & Herb Ravioli Chicken Spinach Garlic Wheat Calzone Baked Russet Potatoes Sautéed Broccoli Carrots, Celery & Blue Cheese	DINNER Scrambled Egg Pancake Grilled Veggie Pizza Cheese Pizza Honey Mustard Ham & Pickle Sandwich O'Brien Potatoes Sausage Links

Cycle 1



DAILY OFFERINGS - available at all meals: Whole, skim, low fat, chocolate, Lactaid and soy milk; Assorted whole fresh fruits, sticky rice, pasta, variety of cold cereals and breads (white, wheat, rye & pumpernickel), peanut butter, butter, margarine, assorted jams and jellies and honey.
SALAD BAR - Choose from a large variety of fresh vegetables, proteins, beans, regular and low fat dressings, various oils and vinegar's and dry toppings.
DELI BAR - Offered at lunch & dinner, a selection of freshly sliced cold cuts, cheeses and prepared salads along with a variety of breads and rolls
PIZZA STATION-This showcase cooking station features a variety of pizza items which are freshly prepared and served **hot from the oven**. Items range from plain cheese to gourmet style pizzas & hearty whole grain wheat dough.
YOGURT BAR - Available at breakfast only, consisting of yogurt and assorted fruit toppings.

