

### **Loomis Chaffee Concussion Leave Checklist**

Please review all protocols of the Concussion Leave Policy and use this checklist to ensure that each requirement and condition is met. Students on Concussion Leave should not resume academic work until cleared to do so by the school's physician.

Important contacts for students on Concussion Leave:

Medical Director	Dr. Mary Adler	860.687.6325
School APRN	Jennifer Flynn	860.687.6325
	Health Center Fax	860.688.1557
Directors of Studies	Bob DeConinck (even-year classes)	860.687.6334
	Tim Lawrence (odd-year classes)	860.687.6211
Deans of Students	Stephanie Bissett (even-year underclasses)	860.687.6583
	Mike Donegan (odd-year underclasses)	860.687.6346
	Nick Barker (even-year upperclasses)	860.687.6213
	Elliot Dial (odd-year upperclasses)	860.687.6367
	Jessica Matzkin (post-graduates)	860.687.6210
Director of Counseling	Julie Field	860.687.6234

Checklist items:

- Once the health center and dean determine that a student be on Concussion Leave, the student must rest at home until their clinician provides clearance, in writing, to the Health Center indicating student's readiness to resume academic work. This should happen during the Monday – Friday work week. Once this clearance is reviewed by APRN/Medical Director, receipt will be confirmed to parents and deans.
- It is typical that students placed on Concussion Leave are at home for a minimum of 7 days, and that concussion symptoms are pronounced for a minimum of 7-10 days.
- Once cleared, student begins incremental Return to Academic Work protocol and contacts director of studies to initiate formal Return to Work.
- Student must demonstrate to parents, providers and director of studies a successful and safe return to academic work.
- Dean of students must confirm with parents that the student may return to school before the student is allowed onto campus. Travel arrangements should not be made until this time.
- Upon return to campus, student MUST check in at the Health Center. The student may also need to take the ImPact test prior to attending classes, and must meet with a member of the counseling department within the first week after return, and will establish return to sport with the Athletic Trainers.